Face the Wind

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You might think life's got you down Close your eyes see all around Your day's here to be found Rest your feet on the ground Rest your feet on the ground

To soar we must face the wind
To leave shore we must face our fears
Be brave be free with honesty
Look through beyond within to see

Easy to say harder to do
It's time to work on me and you
Never give up through the night
Push on through to see the light
Push on through to see the light

We won't be held down by the past
We'll cry out free free to last
Above beyond the painful past
We're free free at last
We're free free at last

Look through beyond within to see